Good morning and welcome to Costa Rica. My name is Jack and I'm the coordinator here at Rescue Center Costa Rica. Now my job here is to rescue, rehabilitate, and where possible release as many animals as we can back to the Costa Rican wilderness. So unfortunately here in Costa Rica, lots of animals are taken from the wild to be used as exotic pets. And there are also many, many injuries every year from electric lines and from road traffic collisions. So it's my job to make them better and release them back to the wild.

So for the first task of the morning, we are going to see an opossum and try and get it to feed. Okay, I have my shot of milk here ready to feed the opossum. I'm just going to go into the animal hospital now where we keep our babies. Unfortunately, I have to wear a mask just so we don't spread diseases. So come on inside. Okay, so here we have Bubbles, and she is our baby opossum. So our first task today is to feed her a little bit of milk. Bubbles here was attacked by a dog, her mom was unfortunately killed so we have hand-raised her as a baby. But hopefully, as soon as she gets a little bit stronger, we will be releasing her back to the wild. So in the morning, we give her about 10 milliliters of milk. And then throughout the day, we will give her more and more food including dog food, banana, papaya, and more milk. So it's just finished feeding the opossum and next to me here in the tree we have Sid. Sid is a baby three toed sloth. And unfortunately her mother was killed when a car hit her. So we take Sid and we bring her down to the trees every day just so she can have a little practice and a little explore out in the trees. So I'm just going to leave her alone and let her do what sloths do best. Three toed sloths are native to Costa Rica, and they have a very specialized diet, feeding on just a few species of leaves. And because of this herbivorous diet, these guys can sleep up to 20 hours a day.

A very important part of my day here is working with Raquel our vet, who is responsible for looking after the animals health and safety. Down on the floor we have Maximus here, and he has a baby two toed sloths. So at the moment, we're just giving him a checkup and doing a little bit of exercising with him just to get him used to climbing walking around and being a sloth.

Just above me, we have Mia and she is a howler monkey. So Mia was confiscated as a baby and she was taken from the jungle as an illegal pet sold into the exotic pet industry. Fortunately for Mia we rescued her and we brought her to the jungle of the rescue center where we try to teach her vital skills to release her back into the wild. These skills include tree climbing, foraging and socializing with other monkeys.

I'm down here in our animal hospital and yesterday we got a new delivery of birds that have been rescued from the exotic pet trade. At the moment Vanessa and our vet are looking at the injuries that the birds may have and giving it a deworming injection so that they can be released into our population of birds here at the rescue center. Okay, so we're coming to the end of another eventful day here at the rescue center. I'm just about to go in and feed Christiana our ocelot but if you guys do like what you see, please check out our website at rescuecenter.com We are always looking for new volunteers and above all donations. So thank you guys very much and hopefully see you soon.